



Preschool Palm Tree's Weekly Newsletter
 28th September - 2nd October 2025
 Issue 5

Preschool Palm Tree Newsletter



We learnt all about how our lungs work and did a blowing activity to understand how the air goes in and out which causes our lungs to expand and deflate.



Learning about our body parts to remember the names, we played a fun game sticking sticker onto each other.

Activities Covered:

Last week, in week 5 we learnt all about "My Body" and the importance of taking care of our body and all about the different body parts.

In **Communication and Language**, we read the story "My Body" and learnt some new vocabulary naming all our body parts inside and outside parts. We also played a fun game matching our friends body parts by sticking stickers on each other. We just loved this activity!

In **Literacy**, we continued with Jolly Phonics with the /a/ sound and made an ambulance craft to remember the letter.

In **Maths**, we continued to revise the colours and shapes learnt and our focus was on the colour green, the shape oval and the number 5.

In **Understanding of the World**, we learnt about our lungs and the important function they perform in our body. We enjoyed an awesome experiment to show us how our lungs work and did a fun blowing activity.

In **Expressive Arts and Design**, we learnt all about our skeleton and danced to the "Skeleton Song" and we made our very own x-ray of our hand. We had so much fun!

In **Physical Development**, we focused on our fine motor skills, concentration, and problem-solving skills through puzzles, Legos and threading.

On Thursday we had a 'Pyjama Day and Build-A-Bear Workshop'. It was so much fun coming to school in pyjamas and we got to make a cool bear to take home. Bedtime is an important part of our day so we practiced a healthy bedtime routine and we cuddled up with our new bears and our teacher read as a bedtime story. We really had a good day!

Upcoming Activities:

This week, in week 6, we will be learning all about our 'Our Five Senses'. We will learn all about our amazing senses and how they work.

In **Communication and Language**, we will read the story "My 5 Senses" and enjoy some sensory activities to explore our senses.

In **Personal, Emotional and Social Development**, we will continue to talk all about our senses and sing a fun song together. We will also make a face puzzle craft.

In **Physical Development**, we will be focusing on hand-eye coordination by doing a variety of stacking activities.

In **Literacy**, we will continue with our Jolly Phonics. Our new sound will be the phonics sound /t/. We will make a fun craft to remember the sound.

In **Expressive Art and Design**, we will focus on the sense of touch and learn some new vocabulary of the names of different textures that we can feel, and we will make a fun craft.

It's going to be a busy week ahead. We are looking forward to learning more cool things at school.



We learnt about our bones which we call our skeleton and made our very own X-Ray craft.

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We meet the Build-A-Bear Mascot- he was so cool!

Tips for home:

- Please ensure your child gets to bed at a reasonable hour so he/she is ready to learn when they get to school.
- Display your child's work from school to help build a sense of pride in their accomplishments.
- Read the **weekly newsletter**, so that you keep up to date on what is happening.
- Limit **screen time** to 1 hour per day.

Brotherhood Initiative:

Instilling confidence in our children is the first line of defense against bullying. When a child can express their refusal firmly and calmly, the chances of being targeted or taken advantage of are greatly reduced.



It was the best day ever!
We enjoyed singing and dancing and playing games together.

Upcoming Events:

Thursday 9th October - 5 Senses Experience.

Guess what, little explorers! We're going on a super fun adventure to other classrooms where we'll use our eyes, ears, fingers, feet, mouth, and nose to discover all sorts of exciting things! It's our amazing 5 Senses Experience! Get ready for some exploring!



We chose our own bear to make. We had so much fun and just love our new bears - friends for life!

To see more photos of our adventures in learning be sure to visit our [website](#), [Facebook](#) and [Instagram](#)

The 'Brotherhood' initiative:

My hands show kindness, and our actions inspire.

Final Note:

Routine is an important part of building your child's comfort level at school. Please make sure you drop your child off at school no later than 7:30 a.m. and pick them up at the end of the day at 12:30 p.m.