



# Preschool Palm Tree Newsletter



We learnt the /s/ sound this week and made a snake craft to remember the letter.



We used our smart brains and played a fun game sorting out fruits and vegetables into 2 groups.

## Activities Covered:

Last week, in week 4 we learnt all about "My Health" and the importance of healthy eating and healthy habits.

In **Communication and Language**, we read the story "Sophia and the magic lunchbox," and it reminded us of the correct foods we should have packed in our school lunchboxes.

In **Literacy**, we started off our Jolly Phonics with the /s/ sound and made a snake craft to remember the letter.

In **Physical Development**, we did some fun activities to help us with our gross motor development. We practiced movements like waving a scarf in different ways and our kicking skills by kicking balloons. The children absolutely loved these activities!

In **Understanding of the World**, we learnt all about the different fruits and vegetables, which are super healthy foods we should eat every day.

In **Expressive Arts and Design**, we learnt that eating a healthy diet keeps our bodies' immune system strong, and this prevents us from getting sick. We also learnt a fun new song "An apple a day keeps the Doctor away," and made an apple craft.

In **Mathematics**, we learnt the number 4, the colour orange, and all about the rectangle shape.

In **Personal, Social and Emotional development**, we made a yummy sandwich and learnt about healthy eating habits.

On Thursday we had a 'Fruit and Vegetable Market' day at school and we used our knowledge about healthy foods to make our choices when buying our yummy treats from the market.

This was a winner and enjoyed by all. We had a wonderful morning together eating our healthy treats.

## Upcoming Activities:

This week, in week 5, we will be learning all about our 'Body'. We will focus on body parts and the functions they perform and taking care of our body.

In **Communication and Language**, we will read the story "My Body" and learn all the names of our different body parts. We will sing some songs like 'Heads, Shoulders, Knees and toes' to remember the names of all the body parts.

In **Personal, Emotional and Social Development**, we will learn about taking care of our bodies and healthy habits.

In **Literacy**, we will continue with our Jolly Phonics. Our new sound will be the phonics sound /a/. We will make a fun craft to remember the sound, as well as practicing to write the sound in different mediums.

In **Understanding of the World**, we're going to explore our amazing lungs and discover how they work! We'll have an exciting lung experiment in class. We will also get to practice our super blowing skills. It's going to be loads of fun!

It's going to be an exciting week ahead with lots of new and interesting things to learn!



We made a healthy sandwich with cheese and cucumber. It was so delicious!

## Palm Tree Weekly Newsletter



We visited the Fruit and Vegetable Market and got some money to buy our own healthy foods.

### Tips for home:

- Please ensure your child gets to bed at a reasonable hour so he/she is ready to learn when they get to school.
- Display your child's work from school to help build a sense of pride in their accomplishments.
- Read the **weekly newsletter**, so that you keep up to date on what is happening.
- Limit **screen time** to 1 hour per day.

### Brotherhood Initiative:

*Let us be keen on raising awareness among our children about the dangers of bullying and its profound impact on both the psychological and social levels. Let us show them that bullying harms not only the victim but also affects the community and its cohesion.*



It was a thumbs up for Market Day!

### Upcoming Events:

**Thursday 2<sup>nd</sup> October - Pyjama Day & Build-A-bear Workshop.**

Children are to come to school dressed in their pyjamas. We will practice a healthy bedtime routine. The day will end with building a bear.

This is going to be a very exciting experience so don't forget to return the slip together with the payment.



Decisions had to be made of what to choose, we all chose our favourites - Yum Yum!

To see more photos of our adventures in learning be sure to visit our [website](#), [Facebook](#) and [Instagram](#)

The 'Brotherhood' initiative:

*My hands show kindness, and our actions inspire.*

### Final Note:

Routine is an important part of building your child's comfort level at school. Please make sure you drop your child off at school no later than 7:30 a.m. and pick them up at the end of the day at 12:30 p.m.