



# Preschool Palm Tree Newsletter



We learnt how important it is to eat healthy food and made our own healthy sandwich with cucumber and cheese spread. It was delicious!



We discussed dental hygiene and practiced how to brush our teeth properly.

## Activities Covered:

Last week, we completed the final topic under the theme 'Growing', with a new topic, **growing healthy food and habits**. We learnt how it is important to have a healthy routine and lifestyle.

In **Communication and Language**, we listened to the stories 'Lulu's Lunch' and 'D.W The Picky Eater'. Then we got engaged in a discussion of these stories and were encouraged to use complete sentences as we responded to questions asked and that helped with developing our communication skills.

In **Personal, Social, and Emotional Development**, we learnt the importance of eating healthily and why healthy food is important for our body. We then made cheese and cucumber sandwiches by ourselves and learnt the nutritional value of this snack.

In **Physical Development**, we learnt about our dental hygiene by discussing the importance of keeping our teeth clean and healthy. We also made a fun craft to illustrate our understanding.

In **Literacy**, we revised the jolly phonics learnt to date and were later assessed for the Term 1 report.

In **Mathematics**, we learnt the number 10 and its attributes. We also continued to practice how to create patterns using different fun resources.

In **Understanding the World**, we made a garden collage, helping us to understand how and where vegetables grow.

On **Thursday**, we turned part of our schoolyard into a fruit and vegetable market. We purchased our favourite items and enjoyed a scrumptious picnic.

It was a great week of making healthy choices and we will surely continue to practice making them.

## Upcoming Activities:

This week, we will be developing our understanding of different cultures and countries in the '**International Week**' topic. We will be traveling to Türkiye and Austria to learn some interesting facts about these countries.

**On Sunday**, we will learn about what the people eat, what they wear, their language, currency, and famous landmarks. We will discuss the Austrian flag and make the flag using ribbon.

**On Monday**, we will listen to traditional folk stories from Türkiye and Austria and will make traditional crafts.

**On Thursday**, we will have a grand feast where we will dress up in the traditional clothes of our own country and get to bring a dish that represents our country to share with our friends.

In **Literacy**, we will be learning the sound "h". We will continue to develop our writing and recognition skills, followed by choosing between making a horse and a heart craft.

In **Mathematics**, we will be revising our numbers, shapes, and colours through hands-on activities.

A fun-filled week waits!



We learnt all about root vegetables. We worked as a team to create a beautiful root vegetable mural.

## Palm Tree Weekly Newsletter



We learnt number 10 and practiced counting objects and writing number 10.

### Upcoming Events:

**Monday 4<sup>th</sup>** - Term 1 progress reports distribution.

**Tuesday 5<sup>th</sup>** - International Day parade. Children will come to school dressed in our class country's colours (red and white).

**Wednesday 6<sup>th</sup>** - Parent-teacher meetings. All children will be off school on this day.

**Thursday 7<sup>th</sup>** - International Feast. Children are asked to come to school dressed in their own country's attire or colours of the flag. They are also asked to bring a small dish unique to their country to share.

### Tips for home:

- Read the **weekly newsletter**, so that you keep up to date on what is happening.
- **Drop off and collect** your child promptly each day.
- Provide your child with opportunities to **practice their pencil control**.
- Limit **screen time** to 1 hour per day.
- Ensure that your child **goes to bed early** so they can wake up early and be ready for school.

### My values draw my identity:

- I know my country.
- I am proud of my country's flag and respect the countries of others and their difference from me.



On Thursday, we attended the fruit and vegetable market at Kid'n Around Kindergarten.

To see more photos of our adventures in learning be sure to visit our [website](#), [Facebook](#), and [Instagram](#)

### Final Note:

Please ensure that your child wears their complete uniform everyday, including the school jacket unless advised otherwise.

Uniforms are available for purchase at school.



We enjoyed the weather outside and eating together with our friends.