



Reception Oak Tree's Weekly  
Newsletter

26<sup>th</sup> - 30<sup>th</sup> November 2023

Issue 13

# Reception Oak Tree's Newsletter



We discussed oral health and how important it is to brush our teeth. We then practiced how to clean our teeth correctly.



Monday was show and tell. We brought our favourite fruit to school and had a yummy activity.

## Activities Covered:

Last week, we completed our series on **Growing** and learnt about **growing healthy habits and growing healthy food**. We learnt all about living a healthy lifestyle.

In **Communication and Language**, we read the story '*The Very Hungry Caterpillar*'. We discussed the story and the impact of healthy and unhealthy foods on our bodies.

In **Personal, Social, and Emotional Development**, we explored oral hygiene, where we understood the importance of brushing our teeth as well as eating and drinking healthy to keep our teeth in good condition. We used a teeth model to practice how we should brush our teeth. We also brought our toothbrushes and toothpaste to practice what we have learnt.

In **Physical Development**, we learnt that doing regular exercise is a healthy habit. We had so much fun copying different yoga movements to ensure our bodies were healthy and strong.

In **Literacy**, we completed our final assessment for the term.

For **Mathematics**, we continued with addition to 5, 10 and 20 through manipulatives in various hands - on activities.

In **Understanding the World**, we listened to the story '*Germs are Not for Sharing*' which taught us how easily germs can spread. We then made an experiment using water, hand lotion, and glitter to have a visual idea how germs are spread. It was an opener!

In **Expressive Arts and Design**, we sequenced the story '*The Hungry Caterpillar*' using props. We also had a 'show and tell' activity about our favourite fruits and shared it with our friends. It was delicious!

On Thursday, we had an amazing time at our very own fruits and vegetables market at school. We purchased our favourite items to enjoy a healthy snack.

## Upcoming Activities:

Pack your suitcases! We are going to have a week of adventure. We are going to learn about different countries in our **International Week** topic.

We will visit 2 different countries, the **Philippines and Sweden**. We will learn many things about the rich culture and traditions of those countries.

On **Sunday**, we will learn about different languages, famous landmarks, food, and the currency of the different countries.

On **Monday**, we will listen to traditional stories and folk tales. Then we will make a craft unique to these countries.

On **Tuesday**, we will come dressed in the colours of the Sweden flag and participate in the parade. After that, we will travel with our passports around the school to get them stamped from all the different countries participating in the international week. We will also play different traditional games from the Philippines, Sweden, Türkiye, and Austria.

On **Thursday**, we will come to school dressed in our own country's attire or flag colours and enjoy an international feast of foods unique from our country.

It looks like we will be having a great international week!



We worked on our addition skills to 10 and 20 using white boards to write our answers.



We revised and were assessed on all the phonics sounds we've learnt so far.

### Tips for home:

- Read the **weekly newsletter**, so that you keep up to date on what is happening.
- **Drop off and collect** your child promptly each day.
- Provide your child with opportunities to **practice their pencil control**.
- Limit **screen time** to 1 hour per day.
- Ensure that your child **goes to bed early** so they can wake up early and be ready for school.

### My values draw my identity:

- I know my country.
- I am proud of my country's flag and respect the countries of others and their difference from me.



Yummy,  
yummy in my  
tummy!  
We enjoyed  
eating  
healthy.

### Upcoming Events:

**Monday 4<sup>th</sup>** - Term 1 progress reports distribution.

**Tuesday 5<sup>th</sup>** - **International Day parade.** Children will come to school dressed in our class country's colours Sweden (Light blue & Yellow).

**Wednesday 6<sup>th</sup>** - **Parent-teacher meetings.** All children will be off school on this day.

**Thursday 7<sup>th</sup>** - **International Feast.** Children are asked to come to school dressed in their own country's attire or colours of the flag. They are also asked to bring a small dish unique to their country to share.



Thursday's activity was fun, buying our favourite fruits and vegetables.

To see more photos of our adventures in learning be sure to visit our [website](#), [Facebook](#) and [Instagram](#)

### Final Note:

Please ensure that your child wears their complete uniform everyday, including the school jacket unless advised otherwise.

Uniforms are available for purchase at school.