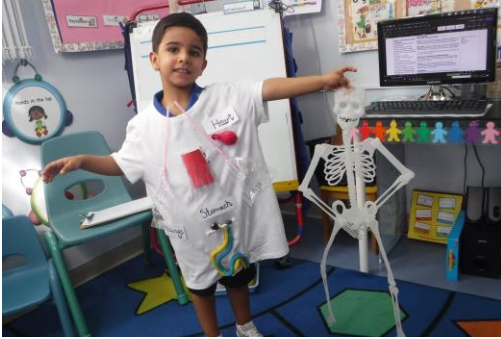




Preschool Palm Tree Newsletter



Look at us exploring the inner organs of our body and for that we made a shirt with the organs on it to help us understand better!



Here we are making a skeleton using recycled toilet rolls as bones and we also got to paint them white!

Activities Covered:

Last week, we continued the topic 'Body Parts' and focused on our inner body parts. We learned we have organs inside our bodies that are just as important as our outer body parts.

In **Communication and Language**, we read the book '*Me and My Amazing Body*' followed by a discussion about our different inner body parts and their functions.

In **Literacy**, we learnt the jolly phonics sound "i". We listened to its jolly jingle, learned the action, and practiced writing it with our teacher's help. To help us remember the sound, we made an igloo craft and an insect artwork.

In **Mathematics**, we focused on the number 5 and its attributes. We also continued with the sorting of shapes and colours as well as attempted some fun puzzle activities.

In **Understanding the World**, we learned how our food travels in our bodies. Then, we dressed up in t-shirts with all the inner body parts on them and imagined that this was how we all looked from the inside.

In **Expressive Arts and Design**, we learned the use of an X-ray machine and made our own hand X-ray by painting our hands with white paint, followed by the coloured sticks which represented the bones.

On Thursday, we came to school dressed in our exercise attire and participated in physical exercises including Pilates. We were tired by the end of the day but moving our bodies was fun.

What a fitting activity to conclude the two-week learning on body parts! It is always good to keep our bodies fit and healthy by caring for them.

Upcoming Activities:

This week, we will explore a fun new topic "All about me". We will get to know so much about our friends and their families and share about our family as well. We will also learn about what makes us different from others and how to accept and embrace our differences.

In **Communication and Language**, we will read a story '*Large Family*'. Will have an open discussion about our own families.

In **Personal, Social, and emotional development**, we will watch the story '*We are All Different, What Makes You Special*'. Then talk about us, our likes, and dislikes along with our daily routine at home. Furthermore, we will make a self-portrait using our imagination.

In **Literacy**, we will learn the sound /p/. We will continue to practice writing the sound formation in different mediums and practice writing in our phonics books. We will also make a parrot and popcorn craft to help us remember this sound.

In **Understanding the World**, we will conduct an apple experiment to help us understand the concept of we all are same on the inside despite of our colour, hair, height etc.



In literacy, we learned the new sound "i" and got to make an insect and igloo craft!

Palm Tree Weekly Newsletter



We learned to write and recognize the number 5 and attempted different sorting activities.

Tips for home:

- **Ensure** your child gets to bed at a reasonable hour so he/she is ready to learn when they get to school.
- **Display your child's work** from school to help build a sense of pride in their accomplishments.

My values draw my identity:

- I love my family.
- My daily routine at home.
- I keep my house clean.



Thursday was another fun and sporty day with our friends! We exercised to feel healthy and strong. We also participated in different physical games targeting our midlines.

Upcoming Events:

Thursday 19th October - Role play activity: I love my family.

Children are to come to school dressed as one of their family members.

Mums are invited to participate in a special activity with their child(ren) from 11:30 a.m.



We learned about how we can see our bones through an X-ray machine.

To see more photos of our adventures in learning be sure to visit our [website](#), [Facebook](#), and [Instagram](#)

Final Note:

Having a consistent bedtime routine is vital to a child's development. A bedtime routine for preschoolers might look something like this:

- 7 pm: brush teeth, go to the toilet, put on night nappy if needed.
- 7.15 pm: quiet time - read a book, tell a story, sing a song, have a cuddle.
- 7.30 pm: get into bed and say goodnight.