



Preschool Palm Tree's Weekly
Newsletter
1st - 5th October 2023
Issue 6

Preschool Palm Tree Newsletter



We learned all about our body parts last week and know exactly where they are in our body!



We made a crazy hair portrait for our heads, and it was so much fun!

Activities Covered:

Last week, we explored and learned about a new topic, "Body Parts". We discussed and talked about the importance of our outer body parts, their functions, and how important they are to us.

In **Communication and Language**, we talked about different body parts and read the story "My Busy Body" to understand the topic better. This was followed by a giant body poster game where we had to match the flashcards to the correct body parts on the poster.

In **Literacy**, we learnt the jolly phonics sound "t". We listened to its jolly jingle, learned the action, and practiced writing it with our teacher's help. To help us remember the sound, we made a toothbrush craft and a tooth artwork.

In **Mathematics**, we focused on the number 4 and its attributes. We also continued with the sorting of shapes and colours as well as attempted some fun puzzle activities.

In **Physical Development**, we learned to keep our body healthy and active through exercise and healthy eating. We listened to and copied action songs like 'The Hockey Pockey' to exercise our bodies.

In **Personal, Social, and Emotional Development**, we played listening games. We had to use our listening ears carefully and point out the correct answers.

On Thursday, we had the Build-a-Bear workshop at school, and it was so much fun. We came to school dressed in our pyjamas. What a cosy day it was! We brought our favourite blanket and bedtime story and talked about the importance of having a healthy bedtime routine.

We had a great week of learning and fun!

Upcoming Activities:

This week, we will focus on the **inner body** parts. We will go through virtual trips to explore inside a body in more detail. We will discover our organs and learn their importance in our body as well as how they help us achieve our everyday tasks.

In **Communication and Language**, we will read a very interesting story book "Me and my amazing body" followed by a discussion regarding our own body and what are the organs we are familiar with.

In **Physical Development**, we will learn about the bones in our body and follow that with a fun game where we put together a skeleton. After that, we will make a big mural of bones using recycled tissue rolls that would look like bone structures.

In **Literacy**, we will learn the sound /i/. Alongside its jolly jingle, and action, we will learn how to form the sound in different mediums such as shaving foam and glitter. Then, we will practice writing the sound in our phonics books and focus on its formation. To help us remember this sound, we will make an igloo and insects in a jar.

Another week of fun adventures awaits us!



In literacy we learned the sound "t" and got to make a toothbrush and tooth as crafts!

Palm Tree Weekly Newsletter



We explored different colors using the power of our lungs to blow the water paint to make abstract art.

Tips for home:

- **Ensure** your child gets to bed at a reasonable hour so he/she is ready to learn when they get to school.
- **Display your child's work** from school to help build a sense of pride in their accomplishments.

My values draw my identity:

- I thank God Almighty for His blessings.
- I am learning, knowledge is light.
- I collaborate with my friends.
- I respect my teachers.



On Thursday we all brought our blankets and favorite storybook to share with our friends and enjoy pyjama day!

Upcoming Events:

Thursday 12th October - Let's get Physical and do Pilates.

A great activity to enhance taking care of our physical health. We will participate in different physical exercises including Pilates.

Children are to come dressed in their exercise attire for a day full of fun.



Look at us posing with our new best friend mister Bear!

To see more photos of our adventures in learning be sure to visit our [website](#), [Facebook](#), and [Instagram](#)

Final Note:

Having a consistent bedtime routine is vital to a child's development. A bedtime routine for preschoolers might look something like this:

- 7 pm: brush teeth, go to the toilet, put on night nappy if needed.
- 7.15 pm: quiet time - read a book, tell a story, sing a song, have a cuddle.
- 7.30 pm: get into bed and say goodnight.