



Reception Cocoa Tree's Newsletter



Did you know if we haven't had legs we would have been like jelly? Oh no! Thanks to our bones we can stand up straight, walk and run.



We conducted an interesting experiment on how the heart pumps blood to the rest of the body!

Activities Covered:

Last week we continued with the topic Body Parts and focused on the **inner body parts** and their functions.

In **Communication and Language**, we listened to different stories about how important our bones are for our bodies. These were followed by a skeleton puzzle activity to help us learn where each bone is located, in our bodies.

In **Literacy**, our sounds for last week were **h** and **r**. We revised all the other sounds covered as well and continued to blend words having these sounds. The High-Frequency words for last week were - **as** and **at**. We built oral sentences using these words.

In **Personal, Social, and Emotional Development**, we were looking at our digestive system and learnt what happens to our food once we have eaten it. We conducted an experiment using bread and water to replicate the function of our stomachs. It was an eye-opener!

In **Physical Development**, we discussed oral hygiene and how important it is to look after our teeth. We demonstrated the effects certain drinks such as Coca-Cola, juice, milk, and water have on our teeth.

In **Understanding the World**, we discussed our amazing lungs and how they work. We used straws and bags to curate our lung functions.

On Thursday, we came to school dressed in our sports attire for a day of exercise. We also had the pleasure of learning some basic Pilates moves from a special guest. We worked all our body parts.

It was great fun!

Upcoming Activities:

This week, we will focus on a new topic, '**All about Me**'. We will have the opportunity to learn more about each other and we will explore different types of families around the world and compare them to ours. We will also learn about what makes us different from others and how to accept and embrace our differences.

In **Communication and Language**, we will listen to the story '**Bears Busy Family**' which will be followed by a discussion about different family members.

In **Personal, Social and Emotional Development**, we will listen to the story '**We are All Different, What Makes You Special**'. We will then discuss our favourite things as well as discuss an 'All about Me' poster with our friends. We wonder how many things we will have in common!

In **Literacy**, we will learn 2 new jolly phonics sounds, **m** and **d**. We will learn their songs, actions, and formation as well as make a craft for each sound to help us remember them. The High-Frequency words for this week are - **if** and **in**.

In **Physical Development**, we will continue to develop our gross motor skills. This week we will complete an obstacle course and participate in a game of musical statues.

We have another exciting week ahead!



**Lungs...Lungs...
breath in and
breath out! This
was a fun
activity!**



We had so much fun doing different movements that challenged our bodies!

Tips for home:

- Please ensure your child gets to bed at a reasonable hour so he/she is ready to learn when they get to school.
- Display your child's work from school to help build a sense of pride in their accomplishments.

My values draw my identity:

- I love my family.
- My daily routine at home.
- I keep my house clean.



This was an enjoyable midline crossing activity where we passed the ball over our heads to the friend behind us!

Upcoming Events:

Thursday 19th October - Role play activity: I Love my family.

Children are to come to school dressed as one of their family members.

Mums are invited to participate in a special activity with their child(ren) from 11:30 a.m.



Exercise is good for our hearts, so we did an exciting obstacle course!

To see more photos of our adventures in learning be sure to visit our [website](#), [Facebook](#) and [Instagram](#)

Final Note:

Having a consistent bedtime routine is vital to a child's development. A bedtime routine for a 4-year-old might look something like this:

- 7 pm: brush teeth, go to the toilet, put on night nappy if needed.
- 7.15 pm: quiet time - read a book, tell a story, sing a song, have a cuddle.
- 7.30 pm: get into bed and say goodnight.