



Reception Cocoa Tree's Newsletter



We learnt about the two c/k's. We also did fun activities to reinforce the sounds!



Our bodies consist of many body parts! We made an exciting puzzle to show it!

Activities Covered:

Last week, we explored the topic, **Parts of the Body**. We focused on our outer body parts.

In **Personal, Social, and Emotional Development**, we played a body parts spinner game. We each had a turn to spin two spinners and then demonstrated the instructions they gave us.

In **Physical Development**, we challenged our bodies to complete different gross motor activities while playing a dice game. This was great fun because we had to copy two actions at the same time.

In **Literacy**, we learned the phonics sounds **ck** and **e**. We learnt its song, and action and continued to learn how to write the sounds using the correct letter formation. We also identified words that have each of these sounds. The **'High-Frequency Words'** for the week, were 'a' and 'an'.

In **Mathematics**, we continued with practicing recognising our 2D shapes. We paid particular attention to the shapes with 5 or more sides. We used different shapes to build a body. Also, we played a fun shape recognition game in the gym.

In **Expressive Arts and Design**, we listened to and discussed the story **'My Great Body'**. Then we completed a body puzzle craft.

Our Thursday activity was the highlight of the week. We came to school dressed in our pyjamas and brought along our favourite storybook and blanket. We explored the importance of a good bedtime routine. That was not all, we got more excited when we learned how to build our own bear and got to give it a name. There were lots of fun activities to participate in.

What an amazing experience!

Upcoming Activities:

This week we will continue with the same topic and focus on the **inner body parts** and their functions.

In **Communication and Language**, we will listen to different stories about how important our bones are for our bodies. This will be followed by a skeleton puzzle activity to help us learn where each bone is, in our bodies.

In **Literacy**, our sounds this week will be **h** and **r**. We will revise all the other sounds covered as well and continue to blend words having these sounds. The High-Frequency words for this week are - **as** and **at**.

In **Personal, Social, and Emotional Development**, we will be looking at our digestive system and what happens to our food once we have eaten it. We will conduct an experiment using bread and water to replicate the function of our stomachs.

In **Physical Development**, we will be talking about oral hygiene and how important it is to look after our teeth. We will demonstrate the effects of certain drinks such as Coca Cola, juice, milk, and water have on our teeth.

In **Understanding the World**, we will be discussing our amazing lungs and how they work. We will be using straws and bags to curate our lung functions.



Head...shoulder... knees and toes!
We traced a friend on a large paper and then we had to paint it. It was so much fun!



What a fun day Thursday was! Pajamas, soft toys, books, and blankets!

Tips for home:

- Please ensure your child gets to bed at a reasonable hour so he/she is ready to learn when they get to school.
- Display your child's work from school to help build a sense of pride in their accomplishments.

My values draw my identity:

- I thank God Almighty for His blessings.
- I am learning, knowledge is light.
- I collaborate with my friends.
- I respect my teachers.



We built our cute bears on Thursday and loved Bearemy!

Upcoming Events:

Thursday 12th October - Let's get Physical and do Pilates.

A great activity to enhance taking care of our physical health. We will participate in different physical exercises including Pilates.

Children are to come dressed in their exercise attire for a day full of fun.



We had an enjoyable time playing games with Bearemy!

To see more photos of our adventures in learning be sure to visit our [website](#), [Facebook](#) and [Instagram](#)

Final Note:

Having a consistent bedtime routine is vital to a child's development. A bedtime routine for a 4-year-old might look something like this:

- 7 pm: brush teeth, go to the toilet, put on night nappy if needed.
- 7.15 pm: quiet time - read a book, tell a story, sing a song, have a cuddle.
- 7.30 pm: get into bed and say goodnight.