



Reception Cocoa Tree's Newsletter



We learnt how to deal with our emotions. We made a sensory bottle to help us calm down.



Last week we learnt the sound 't' and practised writing it first in seeds and on a worksheet.

Activities Covered:

Last week, we explored our 'Emotions'. Did you know that we can express different emotions every day depending on what we are going through or experiencing?

In **Communication and Language**, we talked about our emotions and listen to the story '*Glad Monster, Sad Monster*' to help us understand our feelings.

In **Personal, Social, and Emotional Development**, we acted out different emotions and learnt how to deal with them in the most appropriate way. We also made sensory bottles that helped us calm down when we don't know how to handle our emotions.

In **Physical Development**, we worked on our gross motor skills with balls through throwing and catching games. We also practice our balancing skills on beams and ropes.

In **Literacy**, we revised the phonics sounds *s*, *a*, and introduced the sounds *t* & *i*. We also worked in our phonics books for the formation of these sounds as well as make tents, turtles, igloos, and insects as crafts.

In **Mathematics**, we continued to develop our knowledge of number through counting forward and backward from 10.

On Thursday, we put what we have learned into more practice. First, we made an emotions spinner, choosing 2 of our favourite emotions.

We also joined our teachers in a play where we re-enacted scenarios that would trigger different emotions in us. It was great fun! While we waited for our turn to participate in the play, we enjoyed some popcorn and juice as we watched our friends perform.

Now we have a good understanding of our feelings and why we may experience different emotions in a day.

Upcoming Activities:

This week, we will introduce a fun topic, "**The 5 Senses**". We will learn about each of the five senses and how we use them daily.

In **Communication and Language**, we use our listening ears to play a clapping game and identified different sounds that we will be challenged with.

In **Literacy**, we will learn the phonics sounds, *p* & *n*. We will learn it's song, action and practice forming the sound in various mediums and in our workbooks. We will also make various crafts to help us remember the sounds further.

In **Mathematics**, we will focus on the recognition of 2D shapes as well as the formation of the 2D shapes. We will play games to help us remember our shapes. It will fun!

In **Understanding the World**, we will explore our sense of taste and smell while blindfolded. Hmmm.... Sounds interesting!

In **Expressive Arts and Design**, we will read the story "*My Five Senses*" to reinforce the five senses. We will create a five senses craft using different textures.

We look forward to another fun-filled week!



We acted out emotions, played games and build puzzles to reinforce our understanding of different types of emotions.



This was a fun day learning about emotions.
We created an emotions spinner!

Tips for home:

- Please ensure your child gets to bed at a reasonable hour so he/she is ready to learn when they get to school.
- Display your child's work from school to help build a sense of pride in their accomplishments.
- Read the **weekly newsletter**, so that you keep up to date on what is happening.
- Drop off and collect your child promptly each day.
- Provide your child with opportunities to **practice their pencil control**.
- Limit **screen time** to 1 hour per day.



We had so much fun seeing our friends acting out different scenarios and emotions!

Upcoming Events:

**Thursday 28th September -
5 Senses Experience**

We will be going around to other classes to take part in a 5 Senses Experiences using our eyes, ears, fingers, feet, mouth, and nose to explore different mediums.



Popcorn and juice are just the right things for a theatre play on Thursday! Delicious!

To see more photos of our adventures in learning be sure to visit our [website](#), [Facebook](#), and [Instagram](#)

Final Note:

A nutritious breakfast sets the tone for a day of improved concentration, increased energy, and active participation in activities.

Kindly ensure that the snack boxes are packed with healthy food options for your child to choose from.